



“Eco-friendly” is terms that refer to practices that are kind to the environment and have a lighter carbon footprint. Being Eco-friendly means living one’s life in a sustainable way and ensuring that our activities as individuals or a community reflect our planetary resource limits. It means recognizing resource limits and the need to co-exist with other creatures which means ensuring they have enough space to live and grow.

Eco-friendly processes are sustainability and marketing terms referring to goods and services, laws, guidelines, and policies that claim reduced, minimal, or no harm upon ecosystems or the environment 1. Being eco-friendly means that a product, practice, or activity won’t harm the environment. It is important to note that being Eco-Friendly is not just about the environment but also about social responsibility. It is about creating a sustainable future for ourselves and future generations.